

TELETHERAPY CONSENT FORM

The American Speech and Hearing Association (ASHA) defines telepractice (the act of providing Telehealth services) as "the application of telecommunications technology to delivery of professional services at a distance by linking clinician to client, or clinician to clinician, for assessment, intervention, and/or consultation." This means that we are able to provide speech therapy services through digital meetings similar to the popular communication system “Skype”. While we do not specifically utilize Skype for the provision of services, the method of delivery would be similar in nature. The therapist and the individual or team would join a computer based session at the designated therapy time, and would work on the same materials as in the office. We term this “teletherapy.”

It is important to know that this service delivery model is supported through the New Hampshire and Massachusetts licensing boards, the American Speech-Language- Hearing Association (ASHA). This mode of service delivery, when implemented correctly, is noted to have equal outcomes to face-to-face interventions.

I _____ hereby consent to engage in teletherapy with Gray Consulting & Therapy, LLC. I understand that “teletherapy” includes treatment using interactive audio, video, or data communications. I understand that teletherapy also involves the communication of my medical information, both orally and visually.

I understand the following with respect to teletherapy:

- I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment.
- I consent to my child participating in the online individual/group sessions and further agree that no one in my household will record these sessions.
- The laws that protect the confidentiality of my medical information also apply to teletherapy. As such, I understand that the information disclosed by me during the course of my therapy or consultation is confidential.
- I understand that there are risks and consequences from teletherapy, including, but not limited to, the possibility, despite reasonable efforts on the part of Gray Consulting and Therapy, that: the transmission of my information could be disrupted or distorted by technical failures; the transmission of my information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons. Gray Consulting and Therapy currently uses Zoom Professional to provide teletherapy services.
- I understand that I am responsible for (1) providing the necessary computer, telecommunications equipment and internet access for my teletherapy sessions, (2) the information security on my

computer, and (3) arranging a location with sufficient lighting and privacy that is free from distractions or intrusions for my teletherapy session.

Teletherapy has been determined as an appropriate service delivery model for this individual. Teletherapy will only be used if determined to be at least as effective as in-person treatment. If teletherapy is not deemed as effective, you will be notified and referred back to in-person treatment. For certain individuals, we ask that an adult facilitator be present in the room for assisting with technical difficulties, or keeping a child on task.

Teletherapy may be used as the primary means of service delivery, or may be used in combination with in-person services. I have read, understand and agree to the information provided above.

Name (Printed): _____

Guardian Signature: _____

Date: _____